Index of ME/CFS Published Research

An A-Z index of the most important published research

30th June 2019

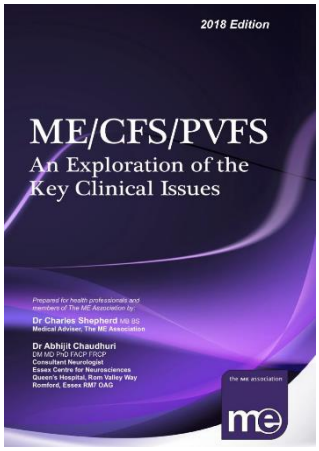
The ME Association

Forward

Welcome to the ME Association Index of Published ME/CFS Research.

This is an A-Z index of the most important published research studies and selected key documents and articles, listed by subject matter, on myalgic encephalomyelitis or chronic fatigue syndrome (ME/CFS). It is correct to 30th June 2019.

The Index will be updated at the end of each month and made available in the research section of the ME Association website. Each update will be accompanied by a website blog of that month's published research abstracts to help keep you informed of the latest research developments.



The Index adopts the subject headings used in the ME Association's authoritative clinical and research guide which provides a thorough and fully updated review of current clinical knowledge and research evidence.

The guide is written by Dr Charles Shepherd, Hon. Medical Adviser to the ME Association and Dr Abhijit Chaudhuri, consultant neurologist at Queen's Hospital in Romford.

The 2019 edition can be ordered from our website shop and is priced at £9.00 for UK residents. We are also pleased to be able to offer free copies of this booklet to health professionals.

The ME Association are very grateful to Dr Barbara de Barros, Charlotte Stephens and Russell Fleming, for producing this Index which is proving a very popular and helpful resource.

Help us continue our work

If you would like to support our efforts, then please donate – whatever you can afford – and help us make the UK a better place for people with M.E. Just click the image opposite to visit our JustGiving page:

Or why not join the ME Association as a member and become a part of our growing community? For a monthly (or annual) payment you will also receive our exclusive ME Essential magazine.

Please note: Research published after January 2019 (the date of the latest update to our clinical and research guide) is highlighted in purple in the listing below.

Contents

1. Nomenclature and definition

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4. Biomedical Research

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4.4 Exercise physiology/testing

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4.5 Gastrointestinal and microbiome

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8.4 Symptoms

Pain – see Biomedical Research, 4.21 above.
Post-Exertional Malaise – see Biomedical Research, 4.23 above.
Sleep disturbance – see Biomedical Research, 4.26 above.
Vision – see Biomedical Research, 4.28 above.

9. Management

9.1 Cognitive Behavioural Therapy (CBT)

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9.2 Complementary and alternative therapies

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9.8 Pregnancy

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10. Prognosis and quality of life

10.1 Age

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